

The Standard's Page of Interest to the Women Folk

CONTOURS AND COAT FROCKS

Fashion seems to have most considerably adopted a moderate tone, and while dangle the tonneau skirt before our eyes, does not insist positively on our adopting it without question. In fact the perfectly straight silhouette has perhaps the larger following. Many of the best Paris dressmakers evidently incline to it rather than to the peg-top.

Increased length of skirt is decidedly a feature. Sleeves are of moderate width and are cut with a comfortable depth of armhole. The loose, waistless fashion in frocks is a great comfort, besides having a fascinating, subtle suggestion of inner symmetry and grace. This is, of course, conveyed by the wearing of the right kind of corset underneath.

The Need of the Hour.
The coat frock is still the dress par excellence for all the needs of the hour. Its practicability, its comfort, its smartness and suitability are invaluable assets in these times of hard work and want of time to spend on dressing.

"To have or not to have" seems to be the question that is agitating the feminine sex on the subject of the barrel skirt.

And there are barrel skirts and barrel skirts.

The prettiest type is that which shows but a mere "pinching" in at the hem.

Then there is the one that makes its wearer look like a hoghead, particularly if she be the least plump.

Personally it is my belief that the other models with the long lines, the nearest of forms and the nattiest of touches are preferable for most styles of beauty.

Coats and skirts have an overwhelming claim on our attention from the practical standpoint in the spring, and maintain their hold for many occasions, despite the rival attractions of coat frocks and "little" dresses.

Doubtless it is from the practical exigencies of the war that they are more "dressmaker" than "tailor" models.

Very narrow braid is a favorite trimming and plays its part nobly in many of the handsomest suits.

EVERY DAY AIDS

To save eggs in making doughnuts use a freshly boiled potato the size of an egg in place of egg. In one egg cake use potato (warm) size of an egg in place of egg. Makes a very light cake.

To remove blood stains soak articles overnight in cold water, to which one-third cupful of kerosene oil has been added.

In washing looking glasses, glass doors, cut glass, etc., add a few drops of alcohol to the water.

A teaspoonful of salt added to water in which potatoes are to be boiled greatly improves them.

A tablespoonful of flour mixed with sugar will keep fruit pies from running over.

Keep leftover bits of colored embroidery cottons to mend colored silk stockings with.

BAKE POTATOES IN FIRELESS COOKER

Many people who have fireless cookers have perhaps often thought of making potatoes in them. This can easily be done, and they are just as satisfactory as when baked in the oven. Put the largest heater over the gas flame and arrange the potatoes close together on this; let them stay half an hour, turning occasionally; then put in the cooker and cover up, and in another half hour they will be done.

RECIPES FOR THE SICK ROOM

Beef or Chicken Jelly.—Two-thirds cup tea or broth, heated, and pour over one-eighth box gelatin soaked in a third of a cup of cold water. Pour in a mold or cup garnished with egg or parsley leaf.

Oatmeal Jelly.—Cook rolled oats one hour. Strain in mold, turn out, garnish with whipped cream.

FREE Cook Book

Wouldn't you like to taste the delicious crisp-crust biscuits and hot bread that Cottolene makes?

Wouldn't you like to see how quickly and deliciously wholesome Cottolene does all kinds of frying?

Wouldn't you like to taste delicious cakes and cookies made without butter—with Cottolene?

We believe you would. So we have printed a Special Cook Book containing 239 recipes by famous cooks. We shall be glad to mail you this Cook Book free.

If you prefer to use some of your own recipes be sure to use one-third less Cottolene than you use of other shortening. Cottolene is richer and goes farther. But this unusual Cook Book is well worth writing for.

Write The N. K. Fairbank Company, 111 West Washington Street, Chicago, Ill.

Cottolene
"Makes Good Cooking Better"

At grocers in tins of convenient sizes

Eggs With Cream Sauce.—Poach eggs in boiling milk; to half a cup of milk add half a teaspoon cornstarch, rubbed with one teaspoon butter, salt and pepper a little over egg alone on round of toast. Serve hot.

Beef Tea or Lamb Broth.—Put a tablespoon of cream in cup. Fill with hot beef tea or broth.

Bouillon With Egg.—Put boiling bouillon in soup plate, add fresh eggs carefully broken. Let stand until it sets.

For Invalids.—Place a small knuckle of veal in a dish, cover it with a plate closely adding a pint of water, and set in oven four hours. Strain the water and add a little salt. It will keep some time and has only to be diluted with a little water when required.

Drink Hot Water With Meals To Stop Stomach Disorders

Thousands of unfortunate people suffer almost daily from dyspepsia, indigestion, fermentation, sour, acid stomach, flatulence, gases or distress after eating due to catarrh of the stomach. If they would only form the agreeable habit of slowly drinking before each meal a glassful of hot water containing a teaspoonful of pure bisulphate of magnesia many sufferers would soon find their stomachs so strengthened and improved that they might eat satisfying meals without the least symptoms of indigestion.

In nearly all catarrhal conditions of the stomach there is to be an insufficient blood supply allowing the food to ferment and sour before digestion can take place. A glass of hot water before meals will draw the blood to the stomach, thus promoting secretion and bisulphate of magnesia further helps by its solvent action on the mucus thus still more furthering the natural secretion of the digestive juices, so that the food contents will not ferment. Easy, natural digestion without distress of any kind is the result sought. Bisulphate of Magnesia is not a laxative, is harmless, pleasant and easy to take and can be obtained from any local druggist. Do not confuse Bisulphate of Magnesia with other forms of magnesia, milks, citrates, etc., but get it in the pure bisulphate form (powder or tablets) especially prepared for this purpose.—Advertisement.

MRS. P. C. RICHARDSON

PIONEER WOMAN,

DIES AT 84

Mrs. Phoebe Childs Richardson, mother of several of Ogden's best known citizens and one of the county's best known pioneers, died yesterday afternoon at the residence of her granddaughter, Mrs. Clyde Hellewell, 312 Thirty-second street.

She was 84 years old, and death was due to general debility. Her passing was in the nature of a surprise to many of her acquaintances, as she was apparently in excellent health less than a week ago.

The pioneer woman was born in St. Lawrence county, N. Y., January 17, 1833, the daughter of Alfred and Polly Barber Childs, and was married to Ebenezer C. Richardson at Council Bluffs, Ia., in 1848. She was a member of the Church of Jesus Christ of Latter Day Saints from early childhood and passed through many of the vicissitudes of that religious sect, prior to and following the exodus from Nauvoo, Ill., in 1847. She was well acquainted with many of the church leaders of that early day, including the Prophet Joseph Smith, and her knowledge of them formed the topic of many interesting conversations with her children and others favored with her acquaintance.

In 1850, Mr. and Mrs. Richardson crossed the plains to Utah, in the company of Captain William Brown, of which the late Patriarch Phipps Green Taylor was a member. The deceased was the last surviving member of that company. The newly wedded couple located in Ogden and lived in this city and Weber county the remainder of their lives. Mr. Richardson died in 1874.

Mrs. Richardson was an active Relief society worker until advancing age stopped her activities. She became well loved by hundreds of persons who benefited by her kindly acts. The posterity of the pioneer couple now numbers more than 200.

Mrs. Richardson was the mother of eleven children, the following of whom survive: Franklin D. Chauncey, Bishop Myron B. of the Third ward, North Weber stake; William W., patrolman of the Ogden police department; Ezra, president of the Ogden Wholesale Grocery company; and Joseph Richardson. She is also survived by eighty-seven grandchildren, 127 great-grandchildren and five great-great-grandchildren. One of her grandchildren, Myron B. Richardson Jr., is now serving as a Mormon missionary in the eastern states.

The funeral will be held Thursday at 2 p. m. in the Third ward chapel and interment will be in the city cemetery. The Lindquist undertakers will be in charge. The body will be removed to the residence of Ezra Richardson, 2201 Grant avenue, tomorrow, and may be viewed there from 3 to 9 p. m. and Thursday until the funeral hour.

IMPORTANT INFORMATION

For middle-aged lady with two daughters who left Spokane, Wash., Friday, May 11th, a m. changed cars at Peoria, Ill., and arrived at Ogden, Saturday, May 12th, please confer with this paper.—Advertisement.

HEALTH TALKS

BY WILLIAM BRADY, M.D.

The Girl Who Grew Lazy

The young woman doesn't look lazy, yet we have her own mother's word for it, father concurring, that she is getting too lazy for anything. Mother opines that a girl who is too lazy to get up before ten in the morning needs the doctor's attention, and she is generally right in her opinion.

A girl rather tall and slender, aged 19, blond, apparently not blessed with too much blood—she has no ambition, white, and that indicates that her tissues are not well oxygenated. Last year she graduated from high school. She has never been very robust, still never seriously ill, but during the past year she has lost her former vivacity and seems to be good for nothing but lying about mornings and going out nights to dancing parties.

The young woman admits no symptoms. On cross examination she wakes mornings as tired as when she went to bed, even when there has been no dancing. She has no ambition to go anywhere or do anything—not mornings anyhow. Afternoons and evenings she sometimes has dull headaches.

Cough? Why, no—oh, she has to clear her throat mornings, mother explains—just a little catarrh, of course. Pulse 94 after ten minutes' rest in chair. Temperature 99.8—but the girl's nervousness over the examination may whip up the pulse rate, and we can't draw conclusions from a single observation of temperature not really above normal bounds. Still, there can be no excuse for neglecting to examine the chest of a lazy girl who has slight "catarrhal trouble." The examination reveals one sign only—a prolongation of the expiratory sound over the right apex.

Mother now recalls that the girl's aunt, a few years ago, died of tuberculosis, and before her death the aunt and the girl were great cronies. The examination reveals one sign only—a prolongation of the expiratory sound over the right apex.

We give the patient a few doses of sodium iodide to stimulate expectoration. It proves successful and we obtain enough for microscopic examination.

Dr. Brady will answer all signed letters pertaining to health. The names of writers are never printed. Only inquiries of general interest are answered in this column; but all inquiries will be answered by mail if a stamped self-addressed envelope is enclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, care of this newspaper.

inaction. No bacilli. Never mind. That is only a detail. We diagnose incipient pulmonary tuberculosis. Fresh air. We may be wrong. True. But better wrong than too late. We shall see to it that the treatment shall be good, whether the diagnosis is right or wrong.

We send the patient and family up the lake for the season. Fresh air is the best of tonics. Sunshine, the strongest germicide and restorative. Three months, six months, perhaps a year of it, will restore the girl's health and strength, whether she has TB or not.

When a young person grows indolent and apparently lacks vigor and vitality, make sure tuberculosis is not lighting up.

QUESTIONS AND ANSWERS

Cause of Shortness of Breath

Please tell me what causes shortness of breath and what would be the proper remedy. I substitute early when sitting standing still or lying down, but have to stop half a dozen times for breath when walking the length of a city block. (W. C.)

ANSWER.—Heart disease, anemia, arteriosclerosis, pleurisy with effusion (perhaps), pulmonary tuberculosis, chronic bronchitis, emphysema, Bright's disease, aneurism, or tumor in the chest might cause such shortness of breath. So you see, an examination by your doctor is imperative.

Consumption and Lime

Kindly tell me if consumption really is lime starvation, also if lime-containing medicines are good for consumption. What effect has coal gas on the lungs? Would a few drops of iodine in a solution be good to keep the nasal passages clean? (M. E. N.)

ANSWER.—No, there is no reason to suppose that a deficiency of lime is connected with consumption. Hence, lime-containing medicines would be worthless. However, such medicines may be at times useful for wholly different reasons, as expectorants, to oppose hemorrhage, as antacids, etc. Coal gas temporarily irritates the lungs. There is no permanent effect, but it poisons the blood. The use of iodine would be irritating in the nasal passages. Normal salt solution (tablespoonful salt in pint of boiled water), or Alkaline Antiseptic Solution (National Formulary), diluted with six or eight parts of warm water, would be good to clean the nasal passages—used as a spray.

The following new books are now ready for circulation at the Carnegie library:

NEW BOOKS TO BE HAD AT LIBRARY

Fiction.
Beach—Rainbow's End.
Brady—Web of Steel.
Brown—The Prisoner.
Fitch—Pete Simmons at Siwahs.
Gregory—The Outlaw.
Gregory—Under Handicap.
Grey—Wildfire.
Grey—The Border Legion.
Houston—Prudence Says So.
King—The Pleasant Ways of St. Medard.
Lewis—The Trail of the Hawk.
MacHarg—The Blind Man's Eyes.
Monroe—Happy Valley.
Mulford—The Coming of Cassidy.
Paine—The Long Road Home.
Paine—The Twisted Skeln.
Porter—Miss Billy—Married.
Showerman—A Country Chronicle.
Stevenson—The Mystery of the Boule Cabinet.
Tarkenton—Penrod and Sam.
Tompkins—The Seed of the Righteous.
Webster—The Real Adventure.
Willis—The Heart of the Desert.
Juvenile.
Altschuler—The Keepers of the Trail.
Djurklo—Fairy Tales from the Swedish.
Finnemore—Boy Scout in the Balkans.
Samuel—The Story of Iron and Silver.
Singmaster—Emmeline.
Smith—The Railroad Book.
Miscellaneous.
Allington—Practical Sewing and Dressmaking.
Baxter—The Housekeeper's Handy Book.
Betts—Fathers and Mothers.
Bourne—The Gary Schools.
Burrell—Easy Meals.
Cheyney—Readings in English History.
Cope—Religious Education in the Family.
Dole—The Spell of Switzerland.
Domville-Fife—Guatemala and the States of Central America.
Dooley—The Education of the Neer Do Well.
Fillibrown—Taxation.
Freeman—Experimental Education.
Galbraith—Personal Hygiene and Physical Training for Women.
Grenfell—A Man's Helpers.
Halliburton—Teaching Poetry in the Grades.
Hall—The Question as a Factor in Teaching.
Herrick—Insects of Economic Importance.
Hill—Canning, Preserving and Jelly Making.
Jewett—The Body and its Defenses.
Johnston—Famous Privateersmen.
Johnson—What to Do at Recess.
Johnson—Battleground Adventures in the Civil War.
Kerfoot—How to Read.
Macedowell—Critical and Historical Essays.
Marshall—Materials for the Study of Elementary Economics.
Parker—The Ideal Teacher.
Patterson—Schumann.
Sargent—How Children Learn to Draw.
Slater—Living for the Future.

ORIGINALITY.
"Pa, what is originality?"
"Originality, my boy, is merely doing today what some one else will surely do tomorrow."—Detroit Free Press.

your part and His too. At the grave of Lazarus Jesus said: 'Roll ye away the stone.' Jesus could easily have brushed the stone aside, but He wanted those at the grave side to know that there was something they could do. So many men are praying and receive no answer because they are praying for things to be done for them that they ought to do themselves.

"Lack of faith is also another reason why you do not receive an answer."

ALLEN'S FOOT-EASE DOES IT.
When your shoes pinch or your corns and bunions ache so that you are tired all over, get Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes and sprinkled in the foot-baths and give instant relief to Tired, Aching, Swollen, Tender feet. Over 100,000 packages are being used by the Allied and German troops at the front. Sold everywhere, 50c. Don't accept any substitute.

EVERYDAY ETIQUETTE



A married woman making her first call upon a married friend, sends in one of her own and two of her husband's cards. An unmarried woman calling upon a married friend leaves only one card.

Questions answered by Alicia Hoyt. (Miss Hoyt will answer personally all letters pertaining to matters of etiquette addressed to her in care of this paper, if enclosing a two-cent stamp.)

R. O. B.—When ascending a stairway in a public place, a man precedes a woman unless there is room for him to walk beside her, in which case he does so. He follows her in descending the stairs. When you open a heavy, double-swinging door for a lady, the only way you can manage it is to go through in front of her, and to hold the door while she enters.

Lilian.—You should have given your seat in the street-car to the old woman with the bundles, even though several men remained seated in the car. Their lack of good manners need not have kept you from doing your obvious duty. Besides, if you happen to be young and pretty, one of the men would doubtless have given you his seat at once.

Put the "Heart" In City Charter

WOMEN MUST QUIT SALT LAKE CAFES

Salt Lake Tribune: Women entertainers disappeared from the cafes and cabarets of Salt Lake last night, following a summary order from Chief of Police White to the proprietors, this notice in turn following several weeks of prodding of the police authorities by F. D. Brown, commissioner of immigration, labor and statistics.

Mr. Brown's action was premised on complaints which had reached him that the law was being violated. He fished from the shelves an old statute covering the matter and dispatched this to Mayor Ferry with a polite intimation that it would be well for the authorities to see that the law was enforced. Another impelling factor was the fact that several women entertainers whose contract with a local hotel had been summarily canceled had appealed to Mr. Brown for financial assistance in getting back to San Francisco.

The tardy action by the police chief was none the less emphatic. Notice was sent to the cafe proprietors citing sections of the old statute and concluding: "You will govern yourselves accordingly and see that all women entertainers, waitresses, etc., are immediately dismissed."

Obed to the Letter.

The order was obeyed to the letter last night. In none of the downtown hotels, cafes or cabarets were women in evidence as singers or dancers. There was music and dancing, but the musicians were men and the dancing in dulged in was by patrons of the resorts. There was no inhibition against that. In some of the less pretentious cafes and cabarets nothing but a piano was resorted to in an attempt to furnish diversion. It was said last night that the order would be permanently enforced.

In a communication to the mayor on April 28 Mr. Brown cited two sections of the "crimes against good morals" act of 1907, a dead letter since its passage. Two sections of this law make the retention of salaried women entertainers punishable by a fine of \$300, imprisonment in the county jail for thirty days, or both. The employees affected by the law may be held equally responsible for its violation and are liable to fines not exceeding \$100.

U. S. RIVER BOATS ARE GIVEN ORDERS

ST. LOUIS, May 22.—Orders that all government barges and steamers on the Mississippi river be placed in immediate commercial service have been received by Colonel C. McD. Townsend, engineer corps, U. S. A.

The order was issued in order to relieve freight congestion. Twelve barges and two steamers will go into commercial service.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other narcotic substance. For more than thirty years it has been in constant use for the relief of Constipation, Flatulence, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years

THE CANTAIN COMPANY, NEW YORK CITY.

LOCAL PEOPLE ARE IN ZUPPANN FAMILY IS GETTING INTO THE WAR

That two of his closest relatives will be among the first American army officers to sail for France was the word received today by W. E. Zuppann of Advertising Headquarters in Ogden, who also has just been informed of his younger brother's acceptance for commission in the officers' reserve corps.

Lieutenant John Cress, designated as adjutant to accompany a regiment of railroad engineers being recruited at San Francisco, is a cousin of the Ogden advertising man. He will leave with this regiment for the French front. Another cousin, Colonel Oscar Cress, is expected to cross with General Pershing's command.

Lloyd Zuppann of Detroit, a younger brother, is now at the officers' reserve corps training camp at Fort Sheridan, Ill., and has advised his Ogden relative that he anticipates going to the front.

W. E. Zuppann also received word today of his appointment as a member of the advisory committee to the state council of defense, for the handling of the "Liberty Loan" in Weber county, having been asked to assist in the direction of the state advertising campaign for this committee.

Joffre Kisses Mayor's Daughter

The first picture, a boudoir scene, in which Lillian Walker will be seen in the finished cinema drama, "Lust of the Ages," now being produced by the Ogden Pictures corporation, was filmed last night in the studio at the Alhambra theatre. In the scene with the star is Nellie Parker Spaulding, character actress, whose work is also giving great satisfaction to the company.

The studio has now taken on an entirely new appearance, the ancient temple of Mammon having been removed and in its place are two sets, the boudoir and a banquet room. A scene was also filmed last night in the banquet room, with Harry Devere, a new member of the company, as the central figure. Around the banquet board with him were George Morrell, the "makeup king," and the following well known Ogden men: Albert Scovett, W. Fred Bossner, J. J. O'Connor, Leroy Buchmiller, William T. Greenwell, H. E. Skinner, Fred M. Nye and A. Mark Smith.

WHY SOME PRAYERS ARE NOT ANSWERED

"Why Some of Our Prayers Are Answered," was the theme of the morning sermon of Rev. Christian R. Garver at the First Methodist church Sunday.

In part he said: "A pastor in a great city was preaching a series of sermons on the subject 'Prayer.' One of his good women came to him and said, 'Pastor, I desire to have my name dropped from the membership roll of the church.' Her request was made because she could not seem to get an answer to her prayers. He was able to help her and to see her become one of his most useful members."

Why No Response.
"It may be that some one here this morning is having a like difficulty. If so I wish to give you a few reasons why you receive no response to your prayers."

In the first place it may be that your prayer has not been heard because you have been praying with a conscious sin in your heart. The psalmist says: 'If I regard iniquity in my heart the Lord will not hear me.' If I hold on and refuse to yield a think that I know to be contrary to the will of God how can He grant my petition?

"Perhaps your prayer is not answered because you are asking God to do

Allen's Foot-Ease Does It.
When your shoes pinch or your corns and bunions ache so that you are tired all over, get Allen's Foot-Ease, the antiseptic powder to be shaken into the shoes and sprinkled in the foot-baths and give instant relief to Tired, Aching, Swollen, Tender feet. Over 100,000 packages are being used by the Allied and German troops at the front. Sold everywhere, 50c. Don't accept any substitute.

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